

ROSS ELEMENTARY SCHOOL DISTRICT

FEBRUARY

BREAKFAST K-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
29 - Bagel W/ Cream Cheese (Brk)	30 - Breakfast Scones	31 - Breakfast Cereal	1 - Breakfast Cereal	2 - French Toast Sticks
5 - Breakfast Scones	6 - Breakfast Muffins	7 - Sausage Egg & Cheese Biscuit	8 - Yogurt With Grahams, Brk	9 - Cherry Frudel
12 - Breakfast Cereal	13 - Pancakes W/Syrup Brk	14 - Bagel W/ Cream Cheese (Brk)	15 - Apple Cinnamon Frudel	16 - French Toast Sticks
19 No meal service	20 No meal service	21 No meal service	22 No meal service	23 No meal service
26 - Breakfast Cereal	27 - Sausage & Cheese Muffin Sandwi	28 - Breakfast Cereal	29 - Breakfast Muffins	1

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

PLACE YOUR ORDER NOW!



(650) 596-8008



lunchmaster@thelunchmaster.com



www.thelunchmaster.com

ROSS ELEMENTARY SCHOOL DISTRICT

FEBRUARY

LUNCH K-8 AND 9-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
29 - Cheeseburger	30 - Spaghetti W/ Meatsauce	31 - Mr. Mike's Bbq Chicken Sandwich	1 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta	2 - Pepperoni Pizza - Cheese Pizza
5 - Pasta W/ Olive Oil & Parmesan	6 - Chicken Corn Dog	7 - Pasta W/ Marinara & Mozzarella	8 - Breaded Chicken Sandwich	9 - Pepperoni Pizza - Cheese Pizza
12 - Greek Chicken W/ Rice Pilaf	13 - Beef Hot Dog	14 - Pasta Primavera - Smoked Chicken Wrap	15 - Chicken Nuggets W/ Rice Pilaf	16 - Pepperoni Pizza - Cheese Pizza
19 No meal service	20 No meal service	21 No meal service	22 No meal service	23 No meal service
26 - Cheeseburger	27 - Spaghetti W/ Meatsauce	28 - Mr. Mike's Bbq Chicken Sandwich	29 - Cheese Quesadilla - Chicken Bacon Ranch Wrap	1

Drinks

1% Milk, Nonfat Milk

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ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



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ROSS ELEMENTARY SCHOOL DISTRICT

FEBRUARY

Vegan / Gluten Free



Monday	Tuesday	Wednesday	Thursday	Friday
29 - Vegan 3 Bean Chili W/ T.Chips	30 - Vegan Fried Rice	31 - Vegan Bean Burrito Bowl	1 - Vegan Chickpea Tikka Masala	2 - Vegan Pinto Pozole W/T. Chips
5 - Vegan Spanish Beans W/ Rice	6 - Vegan 3 Bean Chili W/ T.Chips	7 - Vegan Fried Rice	8 - Vegan Bean Burrito Bowl	9 - Myo Vegan Tacos
12 - Vegan Chickpea Tikka Masala	13 - Vegan Pinto Pozole W/T. Chips	14 - Vegan Spanish Beans W/ Rice	15 - Vegan 3 Bean Chili W/ T.Chips	16 - Vegan Fried Rice
19 No meal service	20 No meal service	21 No meal service	22 No meal service	23 No meal service
26 - Vegan 3 Bean Chili W/ T.Chips	27 - Vegan Fried Rice	28 - Vegan Bean Burrito Bowl	29 - Vegan Chickpea Tikka Masala	1

Drinks

1% Milk, Nonfat Milk

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VEGETABLE AND A DRINK



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DELICIOUS



VEGETARIAN



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ROSS ELEMENTARY SCHOOL DISTRICT BREAKFAST K-12

FEBRUARY 2023-24



Date	Menu Item	Count Allergens		
Monday 29	Bagel W/ Cream Cheese (Brk)	80	Wheat, Soy, Milk	
Tuesday 30	Breakfast Scones	85	Wheat, Soy, Egg, Milk	
Wednesday 31	Breakfast Cereal	90	Wheat, Soy, Milk, Pork, Beef	
Thursday 1	Breakfast Cereal	85	Wheat, Soy, Milk, Pork, Beef	
Friday 2	French Toast Sticks	120	Wheat, Soy, Egg, Milk	
Monday 5	Breakfast Scones	80	Wheat, Soy, Egg, Milk	
Tuesday 6	Breakfast Muffins	80	Wheat, Soy, Egg, Milk	
Wednesday 7	Sausage Egg & Cheese Biscuit	80	Wheat, Soy, Egg, Milk, Pork, Beef, Chicken, Turkey	
Thursday 8	Yogurt With Grahams, Brk	80	Wheat, Soy, Milk	
Friday 9	Cherry Frudel	80	Wheat, Soy, Egg, Milk	
Monday 12	Breakfast Cereal	85	Wheat, Soy, Milk, Pork, Beef	
Tuesday 13	Pancakes W/Syrup Brk	80	Wheat, Milk, Egg, Soy	
Wednesday 14	Bagel W/ Cream Cheese (Brk)	80	Wheat, Soy, Milk	
Thursday 15	Apple Cinnamon Frudel	Veg	Wheat, Soy, Egg, Milk	
Friday 16	French Toast Sticks	120	Wheat, Soy, Egg, Milk	
Monday 26	Breakfast Cereal	80	Wheat, Soy, Milk, Pork, Beef	
Tuesday 27	Sausage & Cheese Muffin Sandwi	80	Milk, Wheat, Soy	
Wednesday 28	Breakfast Cereal	80	Wheat, Soy, Milk, Pork, Beef	
Thursday 29	Breakfast Muffins	80	Wheat, Soy, Egg, Milk	

ROSS ELEMENTARY SCHOOL DISTRICT LUNCH K-8 AND FEBRUARY 9-12 2023-24



Date		Menu Item	Count Allergens	
Monday 29		Cheeseburger	55	Beef, Milk, Wheat, Soy
Tuesday 30		Spaghetti W/ Meatsauce	75	Wheat, Egg, Beef, Milk, Tomato, Soy
Wednesday 31		Mr. Mike's Bbq Chicken Sandwich	70	Chicken, Wheat, Soy, Milk, Tomato
Thursday 1		Chicken Nuggets W/ Olive Oil & Parmesan Pasta	74	Wheat, Soy, Egg, Milk, Chicken, Sesame
Friday 2		Pepperoni Pizza	28	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
		Cheese Pizza	46	Wheat, Soy, Milk, Tomato
Monday 5		Pasta W/ Olive Oil & Parmesan	74	Wheat, Milk
Tuesday 6		Chicken Corn Dog	60	Wheat, Soy, Egg, Chicken, Turkey, Sesame
Wednesday 7		Pasta W/ Marinara & Mozzarella	74	Wheat, Egg, Milk, Tomato
Thursday 8		Breaded Chicken Sandwich	74	Wheat, Soy, Milk, Chicken, Sesame
Friday 9		Pepperoni Pizza	28	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
		Cheese Pizza	46	Wheat, Soy, Milk, Tomato
Monday 12		Greek Chicken W/ Rice Pilaf	68	Chicken
Tuesday 13		Beef Hot Dog	65	Wheat, Beef, Soy
Wednesday 14		Pasta Primavera	48	Wheat, Milk, Soy
		Smoked Chicken Wrap	28	Wheat, Soy, Egg, Milk, Chicken, Tomato
Thursday 15		Chicken Nuggets W/ Rice Pilaf	55	Chicken, Soy, Wheat, Milk, Egg
Friday 16		Pepperoni Pizza	30	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
		Cheese Pizza	46	Wheat, Soy, Milk, Tomato
Monday 26		Cheeseburger	56	Beef, Milk, Wheat, Soy
Tuesday 27		Spaghetti W/ Meatsauce	72	Wheat, Egg, Beef, Milk, Tomato, Soy
Wednesday 28		Mr. Mike's Bbq Chicken Sandwich	72	Chicken, Wheat, Soy, Milk, Tomato
Thursday 29		Cheese Quesadilla	46	Wheat, Milk
		Chicken Bacon Ranch Wrap	28	Wheat, Milk, Pork, Chicken, Egg, Tomato

ROSS ELEMENTARY SCHOOL DISTRICT

FEBRUARY

Vegan / Gluten Free



Date	Menu Item	Count Allergens		
Monday 29	Vegan 3 Bean Chili W/ T.Chips	V	30	Tomato, Soy
Tuesday 30	Vegan Fried Rice	V	15	Soy, Sesame
Wednesday 31	Vegan Bean Burrito Bowl	V	15	Tomato, Soy
Thursday 1	Vegan Chickpea Tikka Masala	V	12	Tomato, Soy
Friday 2	Vegan Pinto Pozole W/T. Chips	V	16	Tomato, Soy
Monday 5	Vegan Spanish Beans W/ Rice		12	Tomato, Soy
Tuesday 6	Vegan 3 Bean Chili W/ T.Chips	V	30	Tomato, Soy
Wednesday 7	Vegan Fried Rice	V	12	Soy, Sesame
Thursday 8	Vegan Bean Burrito Bowl	V	12	Tomato, Soy
Friday 9	Myo Vegan Tacos	V	16	Soy
Monday 12	Vegan Chickpea Tikka Masala	V	12	Tomato, Soy
Tuesday 13	Vegan Pinto Pozole W/T. Chips	V	30	Tomato, Soy
Wednesday 14	Vegan Spanish Beans W/ Rice		12	Tomato, Soy
Thursday 15	Vegan 3 Bean Chili W/ T.Chips	V	30	Tomato, Soy
Friday 16	Vegan Fried Rice	V	10	Soy, Sesame
Monday 26	Vegan 3 Bean Chili W/ T.Chips	V	30	Tomato, Soy
Tuesday 27	Vegan Fried Rice	V	12	Soy, Sesame
Wednesday 28	Vegan Bean Burrito Bowl	V	12	Tomato, Soy
Thursday 29	Vegan Chickpea Tikka Masala	V	12	Tomato, Soy